

Curriculum Vitae

Jana Marková

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Education

Pratt Institute, New York, NY

Master of Science in Dance/Movement Therapy

2019 – 2021

- *800 hours of clinical practice under supervision*
- *Clinical diagnosis, assessment, and counselling*
- *Developmental psychology*

Harkness Center/92Y, New York, NY

Dance Movement Therapy Alternate route training

2018-2020

- *Use of Dance/movement therapy with children's populations*
- *Use of Dance/movement therapy with psychiatric patients*
- *Group dynamics and processes*

University Sorbonne Nouvelle - Paris 3, Paris, France

Master of Arts in Cinema and Audiovisual Studies

2013 - 2015

- *Specialization on visual anthropology and history*
- *Thesis research studying representation of French colonization and cultural identities in French and African cinema*

Faculty of Arts Charles University, Prague, Czech Republic

Bachelor of Arts in Cinema Studies

2009 – 2013

Work experience:

Fyzio Aktiv, Prague, Czechia

March 2023 - now

Dance/Movement Psychotherapist

- *In-person, individual and group movement-based psychotherapy for children with various conditions. Collaterals and consultation for parents.*

University Settlement, Brooklyn, NY March 2022 - January 2023

Mental Health Clinician

- *Working with preschool children aged 2-5, leading in-person dance therapy-based groups for classrooms, and providing dance/movement and play-based individual therapy for children with traumas. Conducting intakes, organizing workshop for parents.*

OHEL – Children's Home and Family Services, Brooklyn, NY

April 2022 - October 2022

Community Psychiatric Support and Treatment Provider

- *Movement, creative and play-based therapy for children with traumas, in-home services.*

Power of We! – POW!, New York, NY

January 2020 – March 2022

Board Member, Program Coordinator and Movement Leader for an inclusion-based organization for children of all ages, abilities, and backgrounds.

- *Providing individualized support for children with various conditions and leading movement-based group session.*

Joan Fenichel Therapeutic Nursery, League Education & Treatment Center, New York, NY

October 2020 – August 2021

- *Dance/Movement Therapy Intern, Teacher Assistant – Therapeutic work with preschool children with Individual Educational Plans (IEPs). Hybrid, remote and in-person creative and movement-based therapeutic sessions for groups and individuals. Clinical documentation and participation in clinical meetings.*

Menorah Center for Rehabilitation and Nursing Care, New York, NY

October 2019 – March 2020

- *Dance/Movement Therapy Intern – Movement and dance therapy for older adults with various conditions. Provided movement/dance-based therapeutic sessions for groups, individual counselling, and personal support.*

Gigi's Playhouse, New York, NY

May 2019 – December 2019

- *Volunteer supporting creative activities for children with Down Syndrome and ASD, helping with art, music, and movement activities. Provided one-on-one assistance and led movement-based group session.*

Jedlicka Institute and Schools for physically disabled young people in Prague, Czech Republic

March -April 2019

- *Dance/Movement Instructor for adolescents and young adults with Cerebral Palsy. Provided dance activities and Pilates-based exercises, one-on-one support.*

Professional trainings and certifications:

Certificate in Therapeutic Play Skills, Child Therapy Centre, Ireland, 2024

Belief in change: aspects of working with developmental trauma in childhood and adolescence, Český institut biosyntézy, Prague, ČR, 2024

Worker in Social Services professional qualification, Ústav pro aplikace psychosociálních studií do integrovaných nauk, Prague, ČR, 2023

Dance/Movement Therapy for children and their families, Moving Self Institute with Dr. Suzi Tortora BC-DMT, C.M.A., LCAT, LMHC

Child Parent Psychotherapy Training – CCP, New York, USA, 2023

Circle of Security – Parenting™ (COSPT™), USA, 2022

Dance Movement Therapy Alternate route training, Harkness Center/92Y, New York, NY 2018- 2019

Languages

French Bilingual

English Proficiency

Spanish Intermediate

Czech Native